

Comments from partners and parents

Connecting With Your Asperger Partner: Negotiating the Maze of Intimacy, is a BEACON of HOPE!!!! I have read the book in great detail. It is down-to-earth, practical, insightful and offers the Aspie's partner (NT), hope for the here and now and also for the future. So often today we are told if it is too hard, to just walk away. This book is not a book for quitters. It is a book for those who really believe it is worth working at relationships. It is for those who really believe in themselves...or want to. The charts and diagrams are easy to follow and are plain common sense. It is great to photocopy them and hang them where you can see them. The book congratulates the reader for things they are doing well, and does not berate them for mistakes, but gives helpful suggestions on how to make things better and encouragement to persevere. This book could easily be adapted for children and teenagers where applicable. As a health professional, I believe it is an invaluable resource also for health and counselling professionals also. It will transform the way we treat Aspies and their families. Weston has written a goldmine here and she has the foreword written by an internationally renowned expert on Aspergers Syndrome. If Prof Tony Attwood is prepared to put his professional reputation at stake to endorse such a book, then so will I!!!! (Anon 2010)

The first book they gave me to read was your book "Connecting With Your Asperger Partner". I read it that first weekend and WOW! Your book helped me understand and gave me such great ideas on making our life so much better. It also helped me understand a lot more on the challenges my son faces each day. Your book changed not only the way in which we strategise with my son, but it has greatly improved the relationship between my youngest son and his grandmother - a true and grateful gift. I know the book was written with husband and wife in mind, but I believe that I am in partnership with my son until he grows up and forms new partnerships, so it was very easy to adapt your strategies into the lives of our family. I can't thank you enough for taking the time to write such inspirational words and putting it out there for all of us to share. Your book has changed all our lives"(Anon 2011)

I would like to say a few things about why I liked your book. I love the fact that you knew you had to change. It took me a long time to realize that I had to...many years! I felt I was kicking my head against a brick wall and I isolated myself from others. It all seemed too hard. As I have changed, so has my husband. He is far more gentle with me. I just wish I had known all this when our sons were growing up. I feel they have suffered and I find it hard not to blame myself for not protecting them. It has taken me a long time to realize that my husband was just the person I needed - very faithful and honest, the qualities I most needed in someone. (Anon 2011)

Many books on working with children with AS focus on what you should do for your child. I can tell you now that I love how you spend time telling the partner (and that goes for parents alike) what to do for himself/herself in their situation e.g. get their energy cup filled, so that they can deal with the demands of having an AS partner/child. You don't often hear that, and actually I do not ever remember being told so by any professional I have been in contact with regarding my child. (Anon 2011)